

November 13, 2020

Audio Bible ... for sleep?

No.

All those videos on youtube - "Audio Bible For Restful Sleep", "Bible Scriptures For Meditation And Relaxation", "Scriptures To Fall Asleep To"... the list goes on. No. While it may be true that listening to audio Bible recordings you just might fall asleep - that's not what God's Holy Word is for, and most definitely should not be marketed as such. This is a slighting of His Word, an undermining of what The Word really is, and a misrepresentation of what the Bible is to us.

Also, some of these videos with these "relaxing, fall asleep" titles, are from that new "You" version. But of course! Of course, in these last days, His Word would be given a "translation" called the "You" version. Because it's all about you! Not Him. YOU! Oh, and His Holy Word is now a sleeping aid...for YOU.

I admit, I take in a lot of the Bible in audio format, but I know it's better to read it myself, from the physical Bible. And I admit, I have fallen asleep many times listening to His Word, and I take comfort in knowing the best sound in the whole world, words of truth and life, are playing while I sleep. But I never put it on for the purpose of falling asleep.

The Holy Bible is not a sleep aid.

It is alive, it is Jesus. The Bible says that He is "the Word made flesh". The Bible is holy, it is sure, it is true. The Bible is our authority on earth, teaching us about our Savior and King. It is not just another book.

I'm creeped out by all the "religious" looking videos on youtube, leery of clicking on any of them, unless I'm familiar with that particular ministry. I've been the most blessed and encouraged in my Christian walk, not so much by a certain ministry, but by everyday people, other followers of Christ, just sharing whatever God put in their hand to share.

We need to be so careful. Wolves and witches are everywhere, embedded in Christian places, churches, ministries.

We should keep our learning of Him as pure as possible, taking in His Word on our own, praying on our own (and with other believers, in fellowship, when we are able), worshipping Him in simplicity, not getting carried away with any movement or trend, steering clear of all the worldly Christian ministers, keeping our spiritual feet on the ground. Jesus is available to us all, right where we're at. Christian media can be dangerous, if we are new to the faith, and lack discernment.

Jesus loves you, and came to set the captives free. We must beware of the wolves in sheep's clothing, that hide within the flock, ready and waiting to lead us astray.

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